

**Cycle B PHSE and RSE Long term plan**

**EYFS**

<b>EYFS</b> Being in My World - Jigsaw Celebrating Difference - Jigsaw	<b>EYFS</b> Dreams and Goals -Jigsaw Healthy Me - Jigsaw	<b>EYFS</b> Relationships - Jigsaw Changing Me - Jigsaw
<b>RSE</b> Journey in love- The wonder of being special and unique (celebrating difference)		
<b>No Outsiders</b> It's ok to like different things - Red Rockets and Rainbow Jelly by Sue Heap and Nick Sharratt All families are different - The Family Book by Todd Parr	<b>No Outsiders</b> To say hello - Hello Hello by Brendan Wenzel To choose what I like - You Choose by Nick Sharratt and Pippa Goodheart	<b>No Outsiders</b> To make a new friend - Blue Chameleon by Emily Gravett To celebrate my family - Mommy, Mama and Me by Leslea Newman, Carol Thompson

**Key Stage 1 (Year 1 and 2)**

Autumn: Relationships			Spring: Living in the wider world			Summer: Health and Wellbeing		
Families and friendships	Safe relationships	Respecting ourselves and others	Belonging to a community	Media literacy and digital resilience	Money and work	Physical health and Mental wellbeing	Growing and changing	Keeping safe

Year 2	Making friends; feeling lonely and getting help	Managing secrets; resisting pressure and getting help; recognising hurtful behaviour	Recognising things in common and differences; playing and working cooperatively; sharing opinions	Belonging to a group; roles and responsibilities; being the same and different in the community	The internet in everyday life; online content and information	What money is; needs and wants; looking after money	Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help	Growing older; naming body parts; moving class or year	Safety in different environments; risk and safety at home; emergencies
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		<b>RSE</b> Journey in Love – Year 2	
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<b>No Outsiders</b> To find ways to play together - Want to Play Trucks? by Ann Stott and Bob Graham (Year 1) To think about what makes a good friend - Amazing by Steve Antony (Year 2)	<b>No Outsiders</b> I like the way I am - Elmer by David McKee (Year 1) To communicate in different ways - What the Jacklaw Saw by Julia Donaldson and Nick Sharratt (Year 2)	<b>No Outsiders</b> To have self-confidence - How To Be a Lion by Ed Vere (Year 2) To join in - Going to the Volcano by Andy Stanton (Year 1)
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**Lower Key Stage 2 (Years 3 and 4)**

<b>Year 4</b>	Positive friendships, including online	Responding to hurtful behaviour; managing confidentiality; recognising risks online	Respecting differences and similarities; discussing difference sensitively	What makes a community; shared responsibilities	How data is shared and used	Making decisions about money; using and keeping money safe	Maintaining a balanced lifestyle; oral hygiene and dental care	Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty	Medicines and household products; drugs common to everyday life
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		<b>RSE</b> Journey in Love – Year 4 Come & See families
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<p><b>No Outsiders</b> To help someone accept difference - Along Came a Different by Tom McLaughlin (Year 4) To show acceptance - Julian Is a Mermaid by Jessica Love (Year 4)</p>	<p><b>No Outsiders</b> To be welcoming - Beegu by Alexis Deacon (Year 3) To recognise and help an outsider - The Hueys in the New Jumper by Oliver Jeffers (Year 3)</p>	<p><b>No Outsiders</b> To find common ground - Alfred and Aalbert by Morag Hood (Year 4) To understand what a bystander is - We're All Wonders by R.J Palacio (Year 3)</p>
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**Upper Key Stage 2 (Years 5 and 6)**

<b>Year 6</b>	Attraction to others; romantic relationships; civil partnership and marriage	Recognising and managing pressure; consent in different situations	Expressing opinions and respecting other points of view, including discussing topical issues	Valuing diversity; challenging discrimination and stereotypes	Evaluating media sources; sharing things online	Influences and attitudes to money; money and financial risks	What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online	Human reproduction and birth; increasing independence; managing transition	Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media
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<p><b>RSE</b>  Journey in Love – Year 5 (Year 5 and Year 6 children) Autumn 2  <b>RSE-</b> Journey in Love – Year 6 (Year 6 only) Autumn 2    RSE fits in with science topic in Autumn 2</p>		
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<p><b>No Outsiders</b>  To consider consequences - Kenny Lives with Erica and Martina by Olly Pike (Year 5)  To exchange dialogue and express an opinion - And Tango Makes Three by Justin Richardson and Peter Parnell (Year 5)</p>	<p><b>No Outsiders</b>  To overcome fears about difference - Leaf by Sandra Dieckmann (Year 6)  To show acceptance - Introducing Teddy - Jessica Walton and Dougal MacPherson (Year 6)</p>	<p><b>No Outsiders</b>  To consider language and freedom of speech - The Only Way is Badger by Stella J. Jones and Carmen Saldana (Year 6)  To consider democracy - A day in the Life of Marlon Bundo by Jill Twiss (Year 6)</p>
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