

Cycle A PHSE and RSE Long term plan

EYFS

<p>EYFS Being in My World - Jigsaw Celebrating Difference - Jigsaw</p>	<p>EYFS Dreams and Goals -Jigsaw Healthy Me - Jigsaw</p>	<p>EYFS Relationships - Jigsaw Changing Me - Jigsaw</p>
<p>RSE Journey in love- The wonder of being special and unique (celebrating difference)</p>		
<p>No Outsiders It's ok to like different things - Red Rockets and Rainbow Jelly by Sue Heap and Nick Sharratt All families are different - The Family Book by Todd Parr</p>	<p>No Outsiders To say hello - Hello Hello by Brendan Wenzel To choose what I like - You Choose by Nick Sharratt and Pippa Goodheart</p>	<p>No Outsiders To make a new friend - Blue Chameleon by Emily Gravett To celebrate my family - Mommy, Mama and Me by Leslea Newman, Carol Thompson</p>

Key stage 1 (Years 1 and 2)

Autumn: Relationships			Spring: Living in the wider world			Summer: Health and Wellbeing			
Families and friendships	Safe relationships	Respecting ourselves and others	Belonging to a community	Media literacy and digital resilience	Money and work	Physical health and Mental wellbeing	Growing and changing	Keeping safe	
Year 1	Roles of different people; families; feeling cared for	Recognising privacy; staying safe; seeking permission	How behaviour affects others; being polite and respectful	What rules are; caring for others' needs; looking after the environment	Using the internet and digital devices; communicating online	Strengths and interests; jobs in the community	Keeping healthy; food and exercise; hygiene routines; sun safety	Recognising what makes them unique and special; feelings; managing when things go wrong	How rules and age restrictions help us; keeping safe online

RSE Journey in Love – Year 1 Come & See families		
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No outsiders I share the world with lots of people - My World Your World by Melanie Walsh (Year 1) To communicate in different ways - What the Jackdaw Saw by Julia Donaldson and Nick Sharratt (Year 2)	No outsiders To know I belong - All Are Welcome by Alexandra Penfold and Suzanne Kaufman (Year 2) To work together - Errol's Garden by Gillian Hibbs (Year 1)	No outsiders Proud to be me - Hair, It's a Family Affair by Mylo Freeman (Year 1) To understand what diversity is - The Great Big Book of Families by Mary Hoffman and Ros Asquith (Year 2)
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Year 5	Managing friendships and peer influence	Physical contact and feeling safe	Responding respectfully to a wide range of people; recognising prejudice and discrimination	Protecting the environment; compassion towards others	How information online is targeted; different media types, their role and impact	Identifying job interests and aspirations; what influences career choices; workplace stereotypes	Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies	Personal identity; recognising individuality and different qualities; mental wellbeing	Keeping safe in different situations, including responding in emergencies, first aid and FGM
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<p>RSE Journey in Love – Year 5 (Year 5 and Year 6 children) Autumn 2</p> <p>RSE Journey in Love – Year 6 (Year 6 only) Autumn 2</p>		
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<p>No Outsiders To explore friendship - The Girls by Lauren Lee and Jenny Lovlie (Year 5) To consider causes of racism - The island by Armin Greder (Year 6)</p>	<p>No Outsiders To recognise when someone needs help - How To Heal a Broken Wing by Bob Graham (Year 5) To justify my actions - Rose Blanche by Ian McEwan and Roberto Innocenti (Year 5)</p>	<p>No Outsiders To consider responses to racist behaviour - Mixed by Arree Chung (Year 5) To consider responses to immigration - King of the Sky by Nicola Davis (Year 6)</p>
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For the academic Year 2021-22 Year 4 will also cover the Year 4 journey in love lessons in Summer to ensure coverage before those children start Year 5.