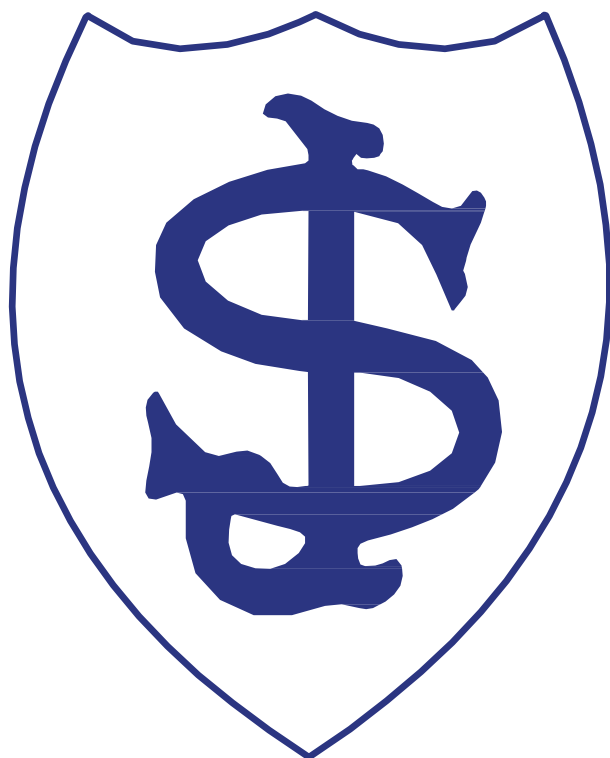


Relationships, Sex and Health Education Policy (RSHE)



St Joseph's Catholic Primary School

Mission Statement:
learning, growing, belonging... happy together in God's family

DOCUMENT STATUS

<u>Drafted:</u>	<u>Adopted</u> by <u>Governors:</u>	<u>Implemented:</u>	<u>Last review:</u>	<u>Next review:</u>
May 2021 following consultation as outlined within the policy	Summer 2021	Summer 2021	Summer 2021	Summer 2022

Rationale

'I HAVE COME THAT YOU MIGHT HAVE LIFE AND HAVE IT TO THE FULL'

(Jn.10.10)

We are involved in Relationships, Sex and Health Education (RSHE) precisely because of our Christian beliefs about God and about the human person. The belief in the unique dignity of the human person made in the image and likeness of God underpins the approach to all education in a Catholic school. Our approach to RSHE therefore is rooted in the Catholic Church's teaching of the human person and presented in a positive framework of Christian ideals.

At the heart of the Christian life is the Trinity; Father, Son and Spirit in communion, united in loving relationship and embracing all people and all creation. As a consequence of the Christian belief that we are made in the image and likeness of God, gender and sexuality are seen as God's gift, reflect God's beauty, and share in the divine creativity. RSHE, therefore, will be placed firmly within the context of relationship as it is there that sexuality, and indeed the whole person, grows and develops.

Following the guidance of the Bishops of England and Wales and as advocated by the DfE (and the Welsh Assembly Government) RSE will be firmly embedded in the PSHE/RSHE framework as it is concerned with nurturing human wholeness and integral to the physical, spiritual, emotional, moral, social and intellectual development of pupils. It is centred on Christ's vision of being human as good news and will be positive and prudent, showing the potential for development, while enabling the dangers and risks involved to be understood and appreciated.

All Relationships, Sex and Health Education (RSHE) will be in accordance with the Church's moral teaching. It will emphasise the central importance of marriage and the family whilst acknowledging that all pupils have a fundamental right to have their life respected whatever household from which they come. It will also prepare pupils for life in modern Britain.

Aim

St Joseph's Catholic Primary School aims to provide a suitable programme that follows the statutory need to include RSHE into their curriculum from September 2021 (as deferred from September 2020 due to the global pandemic) which meets the ethos of its Catholic identity and mission.

The purpose of this Relationships, Sex and Health Education (RSHE) policy is to set out the ways in which the school's provision supports pupils through their spiritual, moral, social, emotional and physical development, and prepares them for the opportunities, responsibilities and experiences of life growing up in today's world.

Our School's mission embraces the spiritual, physical, intellectual, emotional, moral and social development of children and young people, and through an agreed approach to Relationships and Sex Education (RSE), using the Archdiocesan recommended resource 'Journey In Love' (2020), we believe that we can promote the development of the whole child, so that children can grow in *virtue, wisdom and stature*, understanding both the

emotional, social and physical aspects of growing spiritually, as well as moral aspects of relationships within a context of a Christian vision for the purpose of life.

The other aspects of the statutory curriculum intent will be met within Come and See (RE), PSHE and Science curricula. (See appendices at end of document which incorporates Come and See (Appendix 2), DfE Statutory Relationships and Statutory Science (Appendix 3) and an overview of other resources mapped across each Year Group (Appendix 4))

The Purpose

The aims of Relationships, Sex and Health Education (RSHE) at St Joseph's Catholic Primary School are to:

- Provide a framework in which sensitive discussions can take place.
- Help pupils develop feelings of dignity, self-worth, self-respect, confidence and empathy.
- Prepare pupils for puberty and give them an understanding of sexual development and the importance of health and hygiene.
- Create a positive culture around issues of sexuality and relationships.
- Teach pupils the correct vocabulary to describe themselves and their bodies.
- Enable children to embrace the challenges of creating a happy and successful life, including childhood, adolescence and adulthood.
- Put knowledge into practice as the children develop the capacity to make sound decisions when facing risks, challenges and complex contexts.
- Support pupils' development as they contribute to the common good.

Statutory Requirements

At St Joseph's, we must provide Relationships Education to all pupils as per section 34 of the Children and Social Work Act 2017.

In teaching Relationship and Sex Education, we must have regard to Catholic Education Service guidance issued by the Bishops Conference of England and Wales 2017.

The statutory guidance from the Department for Education issued under Section 80A of the Education Act 2002 and section 403 of the Education Act 1996 Appendix A

The statutory guidance from the Department for Education Equality Act 2010.

Relationships, Sex and Health Education (RSHE) became statutory from September 2020 but due to the Covid-19 pandemic was deferred to September 2021 and is formed from the Personal, Social and Health Education (PSHE) and the Relationships and Sex Education (RSE) curricula.

An RSHE policy is statutory, whilst PSHE and RSE policies are optional. At St Joseph's, the RSHE policy refers to the school's PSHE policy.

Policy Development

This policy has been developed in consultation with staff, pupils and parents. The consultation and policy development process involved the following steps:

1. Review – Alan Saunders (Headteacher), Kate Standen (RE lead) and Katherine Daly (previous RE lead) reviewed the policy, referencing DfE statutory guidance and guidance from the Archdiocese of Liverpool.
2. Staff consultation – all school staff were given the opportunity to look at the policy and make recommendations (Summer 2021).
3. Pupil consultation – groups of Key Stage 2 pupils met with staff to discuss their views on the teaching of PSHE and RSE (April 2021).
4. Parent/stakeholder consultation – parents and carers were invited to provide feedback on policy and provision for RSHE through an online survey (Summer 2021).
5. Ratification – once amendments were made, the policy was shared with governors and ratified (Summer 2021).

Definition

Relationships, Sex and Health Education involves a combination of sharing information and exploring issues underpinned by our Catholic values.

Relationships, Sex and Health Education is about the emotional, social and cultural development of pupils, and involves learning about personal relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity.

Curriculum

We have developed our curriculum with recommendations from the Archdiocesan Education Department to ensure that they meet with Catholic Church teaching.

After consultation with parents, Relationships and Sex Education will be covered using the Archdiocesan recommended resource 'Journey in Love' 2020. This includes sexual intercourse at Year 6 (See right of withdrawal).

We have considered the age, stage and feelings of pupils and have consulted with parents and staff to ensure we are offering a quality curriculum which is adequately catered to meet their needs.

We have adapted PSHE materials from a number of resources which enable both PSHE and RSHE objectives to be met (see Resources listed below and overviews attached in Appendix 4).

If pupils ask questions outside the scope of our curriculum, teachers will respond in an appropriate manner so they are fully informed and do not seek answers online.

Delivery of Relationships, Sex and Health Education (RSHE)

Relationships and Sex Education (RSE) is taught both discretely and within the Personal, Social and Health Education (PSHE) curriculum lessons. Some aspects of the RSHE curriculum may be touched upon in other lessons as it shares links with Religious Education, Science and Physical Education.

Our RSHE will ensure that content is relevant to the age, experience and maturity of pupils.

The new statutory guidance for Relationships education focuses on teaching the fundamental building blocks and characteristics of positive relationships including:

- Families and people who care for me.
- Caring friendships.
- Respectful relationships.
- Online relationships.
- Being safe.

These areas of learning are taught within the context of 'family life' and could include married or single parent families, same sex parents, families headed by grandparents, adoptive parents, foster parents/carers amongst other structures, along with reflecting sensitively that some children may have a support structure around them (for example: looked after children or young carers).

As a school, we promote equality of opportunity and foster good relations. Our school environment uniformly applies values of inclusion and respect to all pupils and their families. All staff are proactive in promoting positive relationships and receive regular training.

Equal Opportunities

All pupils have access to the RSHE curriculum. Where pupils have specific educational needs, arrangements for support from outside agencies and support staff are made to ensure these pupils have an appropriate, differentiated curriculum.

Roles and Responsibility

The Governing Body

- The governing body will approve the RSHE policy and hold the Headteacher to account for its implementation.

The Headteacher

- The Headteacher is responsible for ensuring that RSHE is taught consistently across the school and for managing requests to withdraw pupils from the non-statutory element of Relationship and Sex Education in Year 6 (see right of withdrawal).

Staff

- Staff do not have the right to opt out of teaching RSHE as this forms part of the Teaching Standards. Any staff who have concerns about teaching RSHE are encouraged to discuss this with the Headteacher.
- Staff are responsible for:
 - Delivering RSHE in a sensitive way which complies with Church teaching.
 - Modelling positive attitudes to RSHE.
 - Monitoring progress.
 - Responding to the needs of individual pupils.
 - Responding appropriately to pupils whose parents wish them to be withdrawn from the non-statutory components of RSE.

Pupils

- Pupils are expected to engage fully in RSHE and, when discussing issues related to RSHE, treat others with dignity, respect and sensitivity.

Parents' right to withdraw

Parents have the right to withdraw their children from the non-statutory component of sex education in Year 6. This is where sexual intercourse is taught discretely as part of the physical aspect within Journey in Love, the Archdiocesan recommended resource.

Requests for withdrawal should be made in writing and addressed to the Headteacher. The Headteacher will discuss the request with parents and take appropriate action.

Alternative work will be given to pupils who are withdrawn from RSE.

Parents do not have the right to withdraw their children from Statutory Relationships Education as set out in the DfE guidance 2020.

Monitoring arrangements

The delivery of RSHE is monitored by Michelle Riches (DHT and RSHE lead) and Alan Saunders (Headteacher) by undertaking learning walks, staff and pupil consultations, planning and work scrutiny and questionnaires.

Pupils' development in RSE is monitored by class teachers as part of our internal informal assessment systems.

This policy will be agreed annually by the governors and reviewed every three years.

Resources

- Jigsaw programme of study
- SEAL programme of study
- PSHE Association
- www.valuesmoneyandme.co.uk
- Journey in love
- A range of texts to teach The Equalities Act and celebrate difference and diversity across the curriculum
- CAFOD Resources
- St John's Ambulance – KS2 First Aid progression
- CEOP – National Crime Agency Command: www.thinkuknow.co.uk

Appendix 1: Primary Relationships Education Statutory Learning Opportunities

Families and people who care for me

That families are important for children growing up because they can give love, security and stability	All years
The characteristics of healthy family life, commitment to each other, including in times of difficulty, protection and care for children and other family members, the importance of spending time together and sharing each other's lives	All years
That others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care	All years
That stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up	All years
That marriage represents a formal and legally recognised commitment of two people to each other which is intended to be lifelong	Year 4, Year 5
How to recognise if family relationships are making them feel unhappy or unsafe, and how to seek help or advice from others if needed	Year 3, Year 4

Caring friendships

How important friendships are in making us feel happy and secure, and how people choose and make friends	All years
The characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties	All years
That healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded	All years
That most friendships have ups and downs, and that these can often be worked through so that the friendship is repaired or even strengthened, and that resorting to violence is never right	All years
How to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, managing conflict, how to manage these situations and how to seek help or advice from others, if needed	Key Stage 2

Respectful relationships

The importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs	All years
Practical steps they can take in a range of different contexts to improve or support respectful relationships	Key Stage 2
The conventions of courtesy and manners	All years
The importance of self-respect and how this links to their own happiness	Key Stage 2

That in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including those in positions of authority	Key Stages 1 and 2
About different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders (primarily reporting bullying to an adult) and how to get help	All years
What a stereotype is, and how stereotypes can be unfair, negative or destructive	Key Stage 2
The importance of permission-seeking and giving in relationships with friends, peers and adults	Key Stage 2

Online relationships

That people sometimes behave differently online, including by pretending to be someone they are not	Key Stages 1 and 2
That the same principles apply to online relationships as to face-to face relationships, including the importance of respect for others online including when we are anonymous	Key Stage 2
The rules and principles for keeping safe online, how to recognise risks, harmful content and contact, and how to report them	All years
How to critically consider their online friendships and sources of information including awareness of the risks associated with people they have never met	Key Stages 1 and 2
How information and data is shared and used online	Key Stages 1 and 2

Being safe

What sorts of boundaries are appropriate in friendships with peers and others (including in a digital context)	Key Stages 1 and 2
About the concept of privacy and the implications of it for both children and adults; including that it is not always right to keep secrets if they relate to being safe	Key Stages 1 and 2
That each person's body belongs to them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact	Key Stages 1 and 2
How to respond safely and appropriately to adults they may encounter (in all contexts, including online) whom they do not know	All years
How to recognise and report feelings of being unsafe or feeling bad about any adult	All years
How to ask for advice or help for themselves or others, and to keep trying until they are heard	Year 5, Year 6
How to report concerns or abuse, and the vocabulary and confidence needed to do so	Year 5, Year 6
Where to get advice from e.g. family, school and/or other sources	All years

Mental wellbeing

That mental wellbeing is a normal part of daily life, in the same way as physical health	All years
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That there is a normal range of emotions (e.g. happiness, sadness, anger, fear, surprise, nervousness) and scale of emotions that all humans experience in relation to different experiences and situations	All years
How to recognise and talk about their emotions, including having a varied vocabulary of words to use when talking about their own and others' feelings	All years
How to judge whether what they are feeling and how they are behaving is appropriate and proportionate	All years
The benefits of physical exercise, time outdoors, community participation, voluntary and service-based activity on mental wellbeing and happiness	All years
Simple self-care techniques, including the importance of rest, time spent with friends and family and the benefits of hobbies and interests	All years
Isolation and loneliness can affect children and that it is very important for children to discuss their feelings with an adult and seek support	Key Stage 2
That bullying (including cyberbullying) has a negative and often lasting impact on mental wellbeing	Key Stages 1 and 2
Where and how to seek support (including recognising the triggers for seeking support), including whom in school they should speak to if they are worried about their own or someone else's mental wellbeing or ability to control their emotions (including issues arising online)	Key Stage 2
It is common for people to experience mental ill health. For many people who do, the problems can be resolved if the right support is made available, especially if accessed early enough	Key Stage 2

Internet safety and harms

That for most people the internet is an integral part of life and has many benefits	All years
About the benefits of rationing time spent online, the risks of excessive time spent on electronic devices and the impact of positive and negative content online on their own and others' mental and physical wellbeing	Key Stage 2
How to consider the effect of their online actions on others and know how to recognise and display respectful behaviour online and the importance of keeping personal information private	Key Stages 1 and 2
Why social media, some computer games and online gaming, for example, are age restricted	Key Stage 2
That the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health	Key Stages 1 and 2
How to be a discerning consumer of information online including understanding that information, including that from search engines, is ranked, selected and targeted	Key Stage 2
Where and how to report concerns and get support with issues online	Key Stages 1 and 2

Physical health and fitness

The characteristics and mental and physical benefits of an active lifestyle	All years
The importance of building regular exercise into daily and weekly routines and how to achieve this; for example walking or cycling to school, a daily active mile or other forms of regular, vigorous exercise	All years
The risks associated with an inactive lifestyle (including obesity)	Key Stage 2
How and when to seek support including which adults to speak to in school if they are worried about their health	All years

Healthy eating

What constitutes a healthy diet (including understanding calories and other nutritional content)	All years
The principles of planning and preparing a range of healthy meals	Key Stages 1 and 2
The characteristics of a poor diet and risks associated with unhealthy eating (including, for example, obesity and tooth decay) and other behaviours (e.g. the impact of alcohol on diet or health)	Key Stage 2

Drugs, alcohol and tobacco

The facts about legal and illegal harmful substances and associated risks, including smoking, alcohol use and drug-taking	Key Stage 2
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Health and prevention

How to recognise early signs of physical illness, such as weight loss, or unexplained changes to the body	Year 6
About safe and unsafe exposure to the sun, and how to reduce the risk of sun damage, including skin cancer	Key Stage 1
The importance of sufficient good quality sleep for good health and that a lack of sleep can affect weight, mood and ability to learn	Key Stages 1 and 2
About dental health and the benefits of good oral hygiene and dental flossing, including regular check-ups at the dentist	Year 1, Year 2, Year 3, Year 4
About personal hygiene and germs including bacteria, viruses, how they are spread and treated, and the importance of handwashing	Key Stages 1 and 2
The facts and science relating to allergies, immunisation and vaccination	Year 6

Basic first aid

How to make a clear and efficient call to emergency services if necessary	Key Stage 2
Concepts of basic first-aid, for example dealing with common injuries, including head injuries	Key Stage 2

Changing adolescent body

Key facts about puberty and the changing adolescent body, particularly from age 9 through to age 11, including physical and emotional changes	Year 5 and Year 6
About menstrual wellbeing including the key facts about the menstrual cycle	Year 5 and Year 6

Appendix 2: Come and See and Relationship and Sex Education



Introduction

The following is intended as a guide for linking Relationship and Sex Education with Come and See. Some of these aspects might be covered in the EXPLORE section where the topic is being introduced, starting with the pupil's own experience, and extending into the REVEAL and RESPOND sections. Some ideas may be used in the REVEAL process where the teaching is explicitly concerned with Scripture and the teaching of the Church. Some topics offer more explicit teaching to develop ideas about Relationship and Sex Education, some less so.

Another way of using this section is when teaching Religious Education which occurs in other aspects of the curriculum.

EARLY YEARS		
MYSELF	God knows and loves each one	<ul style="list-style-type: none"> • Each one's name is important • I am special and have a special name • I have a family name • Everyone is precious to God
WELCOME	Baptism a welcome to God's family	<ul style="list-style-type: none"> • How we are made to feel welcome • How do we show others that they are welcomed? • How is a baby welcomed into a family
BIRTHDAY	Looking forward to Jesus' birthday	<ul style="list-style-type: none"> • Why do we celebrate birthdays? • What a birthday is • What people do while they wait for a birthday • Some of the ways birthdays are celebrated
CELEBRATING	People celebrate in church	<ul style="list-style-type: none"> • Why is celebrating important? • What is good about celebrating together? • What a celebration is • Different elements of celebration • Different ways of celebrating
GATHERING	The parish family gathers to celebrate Eucharist	<ul style="list-style-type: none"> • Why do we gather together? • How we gather as a church/parish family • What are the things that are better done together and why • The importance of gathering
GROWING	Looking forward to Easter	<ul style="list-style-type: none"> • The ways in which we grow • That spring is a time when things begin to grow • The ways in which we can grow in love to be more like Jesus
GOOD NEWS	Passing on the Good News of Jesus	<ul style="list-style-type: none"> • How they and others feel when they have good news. • The joy and happiness the good news brings • That everyone has good news to share
FRIENDS	Friends of Jesus	<ul style="list-style-type: none"> • how friends make us feel happy, comfortable and glad • What breaks and mends friendships: • It is good to have friends • How we can change and say sorry and forgive each other

OUR WORLD	God's wonderful world	<ul style="list-style-type: none"> • How wonderful our world is • How we could make God's world even more wonderful • What would happen if we did not look after our world? • What we love about our world. • What fills us with wonder about our world. • Everyone shares God's world. • How we would feel if we did not work together to share God's world.
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YEAR 1		
FAMILIES	God's love and care for every family	<ul style="list-style-type: none"> • How families show love and care for each other. • God's love and care for them and their families. • How God shows love and care for individuals, families and all of creation
BELONGING	Baptism an invitation to belong to God's family	<ul style="list-style-type: none"> • What it feels like to belong • The experience of belonging to their family and the Church family • How babies are welcomed into the Church family. • Parents are blessed.
WAITING	Advent a time to look forward to Christmas	<ul style="list-style-type: none"> • How we feel when we are waiting • Why waiting can be difficult at times • Others may help us as we wait • We can help others.
SPECIAL PEOPLE	People in the parish family	<ul style="list-style-type: none"> • Special people help us • What makes a person special? • How we can love and serve each other • There are people who do special jobs at Mass when the parish family gathers • Some of ways in which these people help
MEALS	Mass; Jesus' special meal	<ul style="list-style-type: none"> • What important for a happy meal • What makes a family meal special? • Preparation for a meal. • How we love and serve Jesus • How it is good to say thank you for our meals
CHANGE	Lent a time for change	<ul style="list-style-type: none"> • How the season change. • The ways we change and grow in love and kindness. • How we can change and make a new start in Lent.
HOLIDAYS AND HOLYDAYS	Pentecost: the feast of the Holy Spirit	<ul style="list-style-type: none"> • Why are holidays different from ordinary days • What makes holidays happy times • How holidays are times to relax and do something different • We should thank God for holidays and our wonderful world
BEING SORRY	God helps us to choose well	<ul style="list-style-type: none"> • Making choices that help us feel happy. • Making choices that make us feel unhappy. • What helps us to make good choices? • How would it be if everyone followed Jesus' new rule to 'love one another'? • Sometimes hard to say sorry and to forgive. • It is good to say sorry • The end of the day is a good time to reflect on the choices made and to ask God's forgiveness.
NEIGHBOURS	Neighbours share God's world	<ul style="list-style-type: none"> • Who is our neighbour? • What makes a good neighbour • How we can be a good neighbour • What happens if someone is not a good neighbour

YEAR 2

BEGINNINGS	God is present in every beginning	<ul style="list-style-type: none">• How you feel when you begin anything new• Why some beginnings are easy and some are difficult• How we begin our day• How each day is a new beginning.• God cares for everyone.• God being present in all new beginnings
SIGNS & SYMBOLS	Signs and symbols used in Baptism	<ul style="list-style-type: none">• The meaning and importance of some symbols in life.• The power of symbols to convey meaning• Some of the signs and symbols in daily life
PREPARING	Advent; preparing to celebrate Christmas	<ul style="list-style-type: none">• Why is it necessary to prepare?• What would happen if you didn't prepare?• How you feel when you are preparing for special times?• What is the best way to prepare for Jesus' coming?
BOOKS	The books used in Church	<ul style="list-style-type: none">• The importance of books in our lives.• The need for books• How books can help us
THANKSGIVING	Mass a special time for saying thank you to God for everything, especially Jesus	<ul style="list-style-type: none">• How you feel when you thank others• How you feel when you are thanked• Why we thank God our Father• How the parish family can spread the message of thanksgiving and peace.
OPPORTUNITIES	Lent an opportunity to start anew in order to celebrate Jesus' new life	<ul style="list-style-type: none">• How each day offers opportunities for good• What helps a person choose well• The opportunity of Lent offers to make a new start.
SPREAD THE WORD	Pentecost a time to spread the Good News	<ul style="list-style-type: none">• The importance of messages in daily life• The responsibility of passing on messages• The new life of Jesus• How the Holy Spirit helps Christians• Jesus has promised us new life
RULES	Reasons for rules in the Christian family	<ul style="list-style-type: none">• The importance for ourselves and others of keeping rules.• How rules are necessary in life• How it is sometimes hard to say sorry• How it is sometimes hard to forgive others• The good feeling when people make up• The difference between doing something accidentally and on purpose.• The importance and helpfulness of examining your conscience every day.• A sorry prayer
TREASURES	God's treasure; the world	<ul style="list-style-type: none">• What we treasure• What treasures do we share?• We are God's treasure• How we thank God for the treasures of our world• How we should treat the treasures of this earth

YEAR 3

HOMES	God's vision for every family	<ul style="list-style-type: none">• What makes a house a home• What makes home a special place for you• What makes a house a home• Why is family important• The respect of parents and children for one another• What do you like to do at home, on your own and as a family• What do people do for you at home, that makes you feel special• What is sometimes difficult about sharing and being part of a group at home• God's dream for every family• God is always there
PROMISES	The meaning of the commitment and promises made at Baptism	<ul style="list-style-type: none">• What is good about being in a group• Why we have rules• The importance of making promises• How some promises are more difficult to keep than others• The link between the promises made the consequences of actions following the promise.• The role of parents and godparents in bringing up the child in the Faith• What it means to live a child of the Light
VISITORS	The coming of Jesus	<ul style="list-style-type: none">• How we welcome visitors• How we feel as a visitor• The importance of preparing for visitors.• The joys and demands of visitors
JOURNEYS	Christian family's journey with Jesus	<ul style="list-style-type: none">• Each year has its special times and seasons• Life is a journey• Who is with you on the journey• What makes it good• difficulties times in the life's journey• What/who helps• How we help one another on the journey
LISTENING & SHARING	Jesus gives himself to us in a special way	<ul style="list-style-type: none">• The cost of sharing• The joys of sharing• The importance of listening well and sharing.• The joys and difficulties of listening and sharing• How feelings affect our own and others desire to listen and to share.
GIVING ALL	Lent a time to remember Jesus' total giving	<ul style="list-style-type: none">• Why people are brave and give themselves to others• The demands of total giving in terms of time and giving up something you what to do• How people give themselves to others• Those in need and how we might help them.• Lent: an opportunity for giving, growing in goodness.• Jesus' total giving
ENERGY	Gifts of the Holy Spirit	<ul style="list-style-type: none">• The energy of wind and of fire.• The best use of power of wind and fire• The inspiration of the Holy Spirit• The power and energy of the Holy Spirit• The prayer to the Holy Spirit• The gifts of the Holy Spirit• Christians can use the gifts of the Holy Spirit to help others.
CHOICES	The importance of	<ul style="list-style-type: none">• The meaning of choice and consequence• The importance of making good choices• What helps in making good choices

	examination of conscience	<ul style="list-style-type: none"> • Consequences of choices • What it means to examine your conscience • How God is always forgiving
SPECIAL PLACES	Special places for Jesus and the Christian community	<ul style="list-style-type: none"> • How places become special? • What makes a place special? • Special places for you and your family? • Why is our heart a special place? • Keeping our world a special place? • Why do Christians want to keep the world a special place?

YEAR 4		
PEOPLE	The family of God in Scripture	<ul style="list-style-type: none"> • The importance of families • Family relationships • Respect for those who gave us life.
CALLED	Confirmation a time to renew baptismal promises	<ul style="list-style-type: none"> • Our response to being chosen • What it feels like to be chosen • Why it is difficult to make a response in some situations • Giving up something else when you are chosen. • What help do you need to choose • The work of the Holy Spirit in our lives • The work of the Holy Spirit in the lives of Christians • What it is to live in the light of Christ • The commitment of people who respond to the call of God
GIFT	God's gift of love & friendship in Jesus	<ul style="list-style-type: none"> • What you value most about the gift of friendship • What you offer others in your friendship • Why the gift of love and friendship is important • The joys and demands of friendship • The commitment required by the gift of love and friendship.
COMMUNITY	life in the local Christian community: ministries in the parish	<ul style="list-style-type: none"> • The meaning of <i>community</i> • The advantages of being part of a <i>community</i>? • What helps to build up <i>community</i> • The demands of being part of a community? • Why people give time and service in helping others in their community • The causes of a breakdown of a <i>community</i> • How the parish community celebrates together and supports one another
GIVING & RECEIVING	Living in communion	<ul style="list-style-type: none"> • Your experience of giving and receiving. • The importance of giving and receiving? • The joys and demands of giving and receiving? • Why it is important to live in communion • Ways in which we live and grow in communion. • How the Eucharist challenges and enables living and growing in communion?
SELF DISCIPLINE	Celebrating growth to new life	<ul style="list-style-type: none"> • The experience of giving up something and be disciplined for a good reason. • How to be self-disciplined • How self-discipline helps people to grow and make the best use of their potential • Lent; the opportunity to make change and to prepare for Christ's Resurrection on Easter Sunday.
NEW LIFE	To hear & live the Easter message	<ul style="list-style-type: none"> • What you do when life is difficult • The experience of good news bringing life and happiness.

		<ul style="list-style-type: none"> • How the power of the Holy Spirit helps Christians today
BUILDING BRIDGES	Admitting wrong, being reconciled with God and one another.	<ul style="list-style-type: none"> • What makes friendships strong • How decisions about friendship are informed by beliefs and values. • How friendships are built • How friendships may be restored when they have been broken • Sin and the importance of examining of your conscience • The greatest commandment, love of God and others • The meaning of contrition and of absolution • Forgiveness of others
GOD'S PEOPLE	Different saints show people what God is like.	<ul style="list-style-type: none"> • What makes a person do extraordinary things? • How ordinary people do extraordinary things. • The qualities you admire in others • How true happiness can be found • How you can do extraordinary things

YEAR 5		
OURSELVES	Created in the image and likeness of God	<ul style="list-style-type: none"> • Talents and qualities you admire in others • Your own talents and qualities and how you use them • Identify qualities in anyone else • How talents and qualities are developed. • We are made in the likeness of God • What being unique means • God's love for us • How Christians are called to live in peace. • How people are made in God's image and likeness might live
LIFE CHOICES	Marriage, commitment and service	<ul style="list-style-type: none"> • The ingredients of a good friendship • What fidelity means and how it applies to friendship • Responsibilities friends have for one another • Difficulties and joys of friendships • What is important for friendship to thrive • What it feels like to have faithful friend • Jesus' advice about relationship? • The importance of fidelity, loyalty and commitment in maintaining a friendship • The importance of commitment and responsibility in relationships. • What is means to be committed • The work of Christian service • The Sacrament of Marriage • The symbols of the promises and the blessing of rings • All are called to live in love and service
HOPE	Advent; waiting in joyful hope for Jesus; the promised one	<ul style="list-style-type: none"> • Your experience of waiting • How people wait in different ways, for different things. • Why waiting is a mystery • How you can best use the time you spend waiting and what might help you • What you think about when you are waiting for something exciting • How you behave when you are waiting • The difference between <i>hope</i> and <i>expect</i>

		<ul style="list-style-type: none"> • Why people wait with hope • The coming of Jesus at the end of time • Advent is a time of waiting hopefully
MISSION	Continuing Jesus' mission in diocese. [ecumenism]	<ul style="list-style-type: none"> • The demands and joys being dedicated in your mission • Discovering your mission? • What inspires people in their mission • The joys and demands of engaging in a mission • The reasons why people want to help others. • How people carry out Jesus' mission today • Jesus' prayer for unity
MEMORIAL SACRIFICE	The Eucharist; the living memorial of Jesus	<ul style="list-style-type: none"> • Why memories are important • How it is possible to keep important memories alive • About sacrifice in daily life
SACRIFICE	Lent a time of giving in order to celebrate the sacrifice of Jesus	<ul style="list-style-type: none"> • How you feel when you give • How you feel when you refuse to give. • The cost of giving. • How people decide whether or not to give • How those decisions are informed by beliefs and values • The costs or rewards of giving can be • That Lent is a season of giving to prepare for the Easter
TRANSFORMATION	Celebration of the Spirit's transforming power	<ul style="list-style-type: none"> • How people can use the energy of their minds for the good of others. • How people can use time and physical energy for the well-being of others and why they should. • How energy can transform • How we can use our energy to transform ourselves • How we can use the energy from the earth's resources in a fair and sustainable way. • How the power of the Holy Spirit helps Christians today
FREEDOM & RESPONSIBILITY	Commandments enable Christians to be free & responsible	<ul style="list-style-type: none"> • What freedom parents have a right to • What freedom children have a right to • What is responsible and irresponsible behaviour? • How rules can bring freedom • How people know the boundaries that their personal freedom gives them. • How freedom and responsibility are linked. • How people's perception of what their freedom allows may conflict with the expectation of others. • How importance of the Ten Commandments for Christians today. • How the Beatitudes show us a positive way of life. • Jesus teaching on the greatest commandments, love of God and others.
STEWARDSHIP	The Church is called to stewardship of Creation	<ul style="list-style-type: none"> • What I really care about • Showing concern for what I care for • The meaning of stewardship • Understanding the wonders of God's creation • People are made in the image and likeness of God • Christians can be good stewards. • The Christian's responsibility to take care of, to be a steward of the earth • The importance of ecology

YEAR 6

LOVING	God who never stops loving	<ul style="list-style-type: none">• What unconditional love means• How love is shown• How you are loved and cared for• What members of your family do for each other• How you show love to others• How people have inspired and influenced you to show unconditional love to others• What it means to be truly loving• How people show unconditional love to others• The beliefs and values which have inspired and influenced you to be loving?• The scripture text that demonstrate God's unconditional love for everyone even when times are hard.• The challenge these passages present to Christians.• The Beatitudes and their meaning for today.• God's unconditional love and what this means.• By living in God's way, as Jesus showed us, we can grow in love.
VOCATION AND COMMITMENT	The vocation of priesthood and religious life	<ul style="list-style-type: none">• What it means to be committed?• Why people are committed?• The implications of lack of commitment• Whom shows commitment• How commitment affects the level of job satisfaction• Responding to the call of Jesus• Our mission in living out our baptismal vows
EXPECTATIONS	Jesus born to show God to the world	<ul style="list-style-type: none">• The expectations you have of yourself• Having high expectations of others• Trusting and believing in one another• What happens if you let people down or others let you down?• Patience is important in expectations• The difference between wishing and expecting.• The meaning of Advent
SOURCES	The Bible, the special book for the Church	<ul style="list-style-type: none">• The kind of books which are the most helpful• Our lives are enriched by books.• The wonder of books and how they take a person beyond themselves• The presence of God in the words of Scripture• The care and reverence with which the Word of God is treated
UNITY	Eucharist enables people to live in communion.	<ul style="list-style-type: none">• Why friendships are important• The most important value in friendship• What helps a friendship to flourish• The kinds of behaviour that break a friendship• Those affected when a friendship is broken• Mending broken friendships• Becoming one with Christ and one another in Holy Communion• The unity which Holy Communion brings
DEATH & NEW LIFE	Celebrating Jesus' death and resurrection	<ul style="list-style-type: none">• The effect of loss in everyday life• The change it brought• What remained the same• What is the best way to cope with loss• How people cope with loss and death• How death brings new life• Lent, a time to remember the suffering and death of Jesus

WITNESSES	The Holy Spirit enables people to become witnesses	<ul style="list-style-type: none"> • When to be a witness • How to be a witness • Why it sometimes needs courage to be a witness • Examples of modern witnesses • The witness of a local charity,
HEALING	Sacrament of the Sick	<ul style="list-style-type: none"> • Showing compassion and care for those who are ill • Our attitude towards those people are ill in their minds • Helping, caring and understanding those with a learning disability. • What gives a person comfort when they are very ill • Why people give time and commitment to caring for others • Why we care for the sick • The Sacrament of Anointing brings comfort to those who are sick • The Christian responsibility for caring for these in need
COMMON GOOD	Work of Christians for the good of all	<ul style="list-style-type: none"> • How we build a fair and just world • The difference between fairness and justice, unfairness and injustice • Helping to promote the dignity and common good of one another • Beatitudes; a guide from Jesus about how to live life. • The ways we can act justly, love tenderly and walk humbly with God • How Christians can work for the common good • Something about Catholic Social Teaching

Appendix 3: Statutory Science Curriculum

In the Early Years Foundation Stage, children learn:

- about life cycles.
- Through on-going personal, social and emotional development (PSED), they develop the skills to form relationships and think about relationships with others.

In Key Stage 1, children learn:

- That animals, including humans, move, feed, grow and use their senses and reproduce
- To recognise and compare the main external parts of the bodies of humans
- That humans and animals can reproduce offspring and these grow into adults
- To recognise similarities and differences between themselves and others
- To treat others with sensitivity

In Key Stage 2, children learn:

- That the life processes common to humans and other animals including nutrition, growth and reproduction
- About the main stages of the human life cycle



Appendix 4: RSHE, personal development, wellbeing and citizenship Overview

At St Joseph's Catholic Primary School, the physical and emotional well-being of our children is a priority. We place a great deal of importance on RSHE, personal development, wellbeing and citizenship as a Catholic school and it is embedded in our ethos as defined in the Mission Statement and Aims of the school:

Mission Statement

learning, growing, belonging... happy together in God's family

St Joseph's is a school community where we:

- promote Christian values of love, care and respect
- equip our children with the tools of learning and help them to achieve their maximum potential
- create an atmosphere of faith in which we share and celebrate our Catholic beliefs
- work in partnership with the children, their families and the parish
- provide a happy and safe environment in which all members of the school community feel valued
- develop the individual needs of our children to give them the confidence to participate as responsible citizens of the future

We nurture and educate our pupils in order to help them develop the knowledge, understanding and skills needed to live happy, healthy and successful lives, now and in the future. Central to our RSHE, personal development, wellbeing and citizenship teaching and learning, is the promotion and nurturing of our pupils' spiritual, moral, social and cultural development. These aspects of the curriculum are taught through a range of implicit and explicit learning opportunities and is embedded throughout the curriculum. Objectives are covered during discreet lessons using resources from the following:

- Jigsaw programme of study
- SEAL programme of study
- PSHE Association
- www.valuesmoneyandme.co.uk
- Journey in love
- A range of texts to teach The Equalities Act and celebrate difference and diversity across the curriculum
- CAFOD Resources
- St John's Ambulance – KS2 First Aid Pathway

Objectives are also covered across the curriculum e.g. Come and See, Science, English, History, Geography, Music, Art and PE. Whole school events such as assemblies, enrichment activities, trips and visits/visitors and Church services throughout the year also enhance this provision further. Fundamental British values are promoted through cross curricular links, through the work of the school council and through the overall aims and objectives of the school which underpin the School Mission Statement. Throughout the year, whole school assemblies focus on each of the British Values as part of our ongoing exploration of our School Values. Many of these values are reinforced through our Religious Education programme, Come and See, and children have regular opportunities to explore them further through collective worship.

Democracy:

Pupils are listened to by adults and are taught to listen carefully and with concern to each other, respecting the right of every individual to have their opinions and voices heard. Pupils also have the opportunity to air their opinions and ideas through our School Council and regular questionnaires / interviews:

- The elections of the School Council members are based solely on pupil votes, reflecting our British electoral system and demonstrating democracy in action.
- The CAFOD group likewise elects its officers and focusses its activities on the wider UN SDGs.

Linking to the wider curriculum, our democratic society has been analysed and compared to other societies, historically and in the present day.

Individual Liberty:

Within school, pupils are actively encouraged to make choices, knowing that they are in a safe and supportive environment. As a school we educate and provide boundaries for our pupils to make choices safely, through the provision of a safe environment and an empowering education.

The Rule of Law:

The importance of laws whether they are those that govern the class, the school or the country, are consistently reinforced throughout regular school days, as well as when dealing with behaviour:

- The school rules – ready, respect, responsible - are clearly displayed throughout school and consistently applied, with a clear progression of rewards and consequences.
- Visits from authorities such as the Police, Fire Service, etc. are regular and help to reinforce that importance of laws to govern and protect us.

Mutual Respect:

All members of the school community treat each other with respect and pupils understand that respect needs to be shown to everyone, whatever differences we may have. This is reiterated through our School Mission Statement – children, parents, staff and Governors were involved in reviewing and writing this.

- NSPCC, PCSO, fire brigade, school nurse session
- Our pupils are encouraged to know, understand and exercise their rights and personal freedoms and are advised how to exercise these safely, for example:
- E-safety lessons and ongoing focus during computing lessons.
- Whether it is through choice of challenge, how they record, or participation in numerous extra-curricular activities, our pupils have the freedom to make choices.

Annually we revisit the Mission Statement and provide children with a range of opportunities to discuss and explore this. Respect for others is reiterated through:

- Our school rules,
- Behaviour policy.

This value underpins our work every day, both in and out of the classroom.

Tolerance of Those With Different Faiths And Beliefs:

This is achieved through enhancing pupils understanding of their place in a culturally diverse society and by giving them opportunities to experience such diversity. Assemblies and discussions involving prejudices and prejudice-based bullying have been followed and supported by learning in Come and See and PSHE. The Come and See programme provides two opportunities throughout the year to explore the beliefs of other faiths and religions, which include Judaism and Islam, and to explore the similarities to Christianity as well as the differences.

- Work focussed on charities such as CAFOD when fund raising
- Other class topics provide opportunities to learn about different cultures

Reception	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
	Being in My World		Celebrating Differences		Dreams and Goals		Healthy Me		Relationships		Money and Me	
Come and See (RE)	Myself	Welcome	Judaism	Birthday	Celebrating	Gathering	Growing	Good News	Friends	Islam	Our World	
PSHE	SEAL: New Beginnings <ul style="list-style-type: none"> • Creating a safe place/ community • Managing own feelings JIGSAW: Being me in my world		SEAL: Friendships <ul style="list-style-type: none"> • Managing own feelings SEAL: Say no to bullying JIGSAW: Celebrating Differences: <ul style="list-style-type: none"> • I can tell you some ways I am different from my friends • I understand these differences make us all special and unique 		SEAL: Going for Goals <ul style="list-style-type: none"> • Solving problems • Setting own goals and learning from own successes JIGSAW: Dreams and Goals <ul style="list-style-type: none"> • I can tell you how I felt when I succeeded in a new challenge and how I celebrated it • I know how to store the feelings of success in my internal treasure chest 		SEAL: Good to Be Me <ul style="list-style-type: none"> • Problem solving • Own gifts and talents JIGSAW- Healthy Me <ul style="list-style-type: none"> • I can tell you why I think my body is amazing and can identify some ways to keep it safe and healthy • I can recognise how being healthy helps me to feel happy. 		SEAL: Relationships and Changes <ul style="list-style-type: none"> • Important people • Feeling loved and cared for • Understanding/sharing feelings JIGSAW: Relationships <ul style="list-style-type: none"> • I can tell you why I appreciate someone who is special to me and express how I feel about them 		VALUES, MONEY AND ME: Do the Right thing	
RSE: Journey in Love	The wonder of being special and unique: Social & Emotional				The wonder of being special and unique: Physical				The wonder of being special and unique: Spiritual			

Equality and Diversity	Text: You Choose by Nick Sharratt and Pippa Goodheart <ul style="list-style-type: none"> To say what I think 	Text: Red Rockets and Rainbow Jelly by Sue Heap and Nick Sharratt <ul style="list-style-type: none"> To understand that it's OK to okay to like different things 	Text: Blue Chameleon by Emily Gravett <ul style="list-style-type: none"> To make friends with someone different 	Text: The Family Book by Todd Parr <ul style="list-style-type: none"> To understand that all families are different 	Text: Mommy Mama and Me <ul style="list-style-type: none"> To celebrate my family 							
CAFOD Resources	Picture My World – Meet the children. Real life stories. A Portrait of Me. A-Z Global photo pack Y cards Harvest Feast Day Resources	CAFOD global activity book. Focus on fair trade. Picture My World Fair Trade shopping game. Picture My world Children's rights assembly.	Sharing our world Goal 6 (4,5,1) Live simply photo pack my World Interactive Advent Calendar World Gift Stories and assembly. CAFOD world gifts. Advent charity e.g. St Rocco's	Picture My Word – Meet the children My Family Global Family. Sharing our world goal 8	Picture My World – Have your say. Sharing Our World Goal 7. 8 day assembly sketch Climate Change scheme of work. Global A-Z photo pack. Go Green poster pack.	Fast day stories. https://www.cafod.org.uk/pri mary Walking for water /Walking together with CAFOD ppt. Sharing our World- Goal 8. Lenten calendar. Picture My World- Stories. Link to Lenten charity work.	Picture My World – about CAFOD Emergencies	Picture My World – Peru Pack Sharing our World Focus on Fairtrade				
Further personal development opportunities	Mission Week Harvest celebration Judaism Week World Mental Health Day Black History Month Disability History Month CAFOD – understanding the effect of climate change PCSO – Bonfire / Halloween safety Anti-bullying week		Children's Mental Health Week Safer-Internet Day PCSO – E-safety		Mental Health Awareness Week Disability Awareness Day Other faith week Sports Day Enterprise Week							
	Junior Safety Officer assemblies and competitions Fundraising opportunities – local, national and global Class roles and responsibilities											
Year 1	Autumn 1 Being in My World		Autumn 2 Celebrating Differences		Spring 1 Dreams and Goals		Spring 2 Healthy Me		Summer 1 Relationships		Summer 2 Money and Me	
Come and See (RE)	Families	Belonging	Judaism	Waiting	Special People	Meals	Change	Holidays and Holydays	Being Sorry	Islam	Neighbours	
PSHE	SEAL: New Beginnings <ul style="list-style-type: none"> Creating a safe place/ community Managing own feelings 		SEAL: Friendships <ul style="list-style-type: none"> Managing own feelings SEAL: Say no to bullying JIGSAW: Celebrating Differences		SEAL: Going for Goals <ul style="list-style-type: none"> Solving problems Setting own goals and learning from own successes JIGSAW: Dreams and Goals <ul style="list-style-type: none"> I can tell you how I felt when I 		SEAL: Good to Be Me <ul style="list-style-type: none"> Problem solving Own gifts and talents JIGSAW: Healthy Me <ul style="list-style-type: none"> I can tell you why I think my body is amazing and can identify some ways 		SEAL: Relationships and Changes <ul style="list-style-type: none"> Important people Feeling loved and cared for Understanding/ sharing feelings JIGSAW: Relationships		VALUES, MONEY AND ME: Charity Job	

		<ul style="list-style-type: none"> I can tell you some ways I am different from my friends I understand these differences make us all special and unique 	<ul style="list-style-type: none"> I know how to store the feelings of success in my internal treasure chest 	<ul style="list-style-type: none"> to keep it safe and healthy I can recognise how being healthy helps me to feel happy. 	<ul style="list-style-type: none"> I can tell you why I appreciate someone who is special to me and express how I feel about them 							
RSE theme	We meet God's love in our family: Social & Emotional		We meet God's love in our family: Physical		We meet God's love in our family: Spiritual							
Equality and Diversity	Text: Elmer by David Mckee <ul style="list-style-type: none"> To like the way I am 	Ten Little Pirates by Mike Brownlow and Simon Rickerty <ul style="list-style-type: none"> To play with boys and girls 		Text: That's Not How You Do It by Ariane Hofman-Maniyar <ul style="list-style-type: none"> To recognise that people are different ages 	Text: Max the Champion by Sean Stockdale, Alexandra Strick and Ros Asquith <ul style="list-style-type: none"> To understand our bodies work in different ways 	Text: My World, Your World <ul style="list-style-type: none"> To understand we share the world with lots of people 						
CAFOD Resources	Picture My World – Meet the children. Real life stories. A Portrait of Me. A-Z Global photo pack Y cards Harvest Feast Day Resources	CAFOD global activity book. Focus on fair trade. Picture My World Fair Trade shopping game. Picture My world Children's rights assembly.	Sharing our world Goal Live simply photo pack Picture my World Interactive Advent Calendar World Gift Stories and assembly. Advent charity	Picture My World – Meet the children My Family My Global Family. Sharing our world goal 8		Picture My World – about CAFOD Emergencies	Picture My World – Peru Pack Sharing our World Focus on Fairtrade					
Further personal development opportunities	Mission Week Harvest celebration Judaism Week World Mental Health Day Black History Month Disability History Month CAFOD – understanding the effect of climate change PCSO – Bonfire / Halloween safety Anti-bullying week		Children's Mental Health Week Safer-Internet Day PCSO – E-safety		Mental Health Awareness Week Disability Awareness Day Other faith week Sports Day Enterprise Week							
	Junior Safety Officer assemblies and competitions Fundraising opportunities – local, national and global Class roles and responsibilities Whole school roles and responsibilities: School Councillors											
Year 2	Autumn 1 Being in My World		Autumn 2 Celebrating Differences		Spring 1 Dreams and Goals		Spring 2 Healthy Me		Summer 1 Relationships		Summer 2 Money and Me	
Come and See (RE)	Beginnings	Signs and Symbols	Judaism	Preparations	Books	Thanksgiving	Opportunities	Spread the Word	Rules	Islam	Treasures	

PSHE	SEAL: New Beginnings <ul style="list-style-type: none"> • Belonging the class/community • Managing/exploring feelings JIGSAW- Being in My World	SEAL: Getting on and falling out <ul style="list-style-type: none"> • Friendship • Managing anger • Seeing another point of view SEAL: Say no to bullying JIGSAW: Celebrating Differences <ul style="list-style-type: none"> • I can identify some ways in which my friend is different from me • I can tell you why I value this difference about him/her 	SEAL: Going for goals <ul style="list-style-type: none"> • Learning in different ways • Setting and reaching a goal, aspirational targets • Overcoming distractions and taking responsibility for own behaviour JIGSAW: Dreams and Goals <ul style="list-style-type: none"> • I can explain some of the ways I worked cooperatively in my group to create the end product • I can express how it felt to be working as part of this group 	SEAL: Good to be me <ul style="list-style-type: none"> • Problem solving • Own gifts and talents, strengths and weaknesses JIGSAW: Healthy Me <ul style="list-style-type: none"> • I can make some healthy snacks and explain why they are good for my body • I can express how it feels to share healthy food with my friends 	SEAL: Relationships and changes <ul style="list-style-type: none"> • Important people • Managing and understanding own feelings • Making choices, understanding what is right and wrong • Making change happen and resolve conflict JIGSAW: Relationships <ul style="list-style-type: none"> • I can identify some of the things that cause conflict between me and my friends • I can demonstrate how to use the positive problem solving technique to resolve conflicts with my friends 	VALUES, MONEY AND ME: Hero or Zero VALUES, MONEY AND ME: Finders keepers (KS1)			
RSE theme	We meet God's love in the community: Social and emotional		We meet God's love in the community: Physical		We meet God's love in the community: Spiritual				
Equality and Diversity	Text: The great Big Book of families by Mary Hoffman and Ros Asquith <ul style="list-style-type: none"> • To understand what diversity is 	Text: The First Slodge by Jeanne Willis <ul style="list-style-type: none"> • To understand how we share the world 		Text; The Odd Egg by Emily Gravett <ul style="list-style-type: none"> • To Understand what makes someone feel proud 	Text: What the Jackdaw Saw by Julia Donaldson and Nick Sharratt <ul style="list-style-type: none"> • To feel proud of feeling different 	Text: Blown Away by Rob Biddulph <ul style="list-style-type: none"> • To be able to work with everyone in my class 			
CAFOD Resources	Picture My World - Meet the children. Real life stories. A Portrait of Me. A-Z Global photo pack Y cards Harvest Feast Day Resources	CAFOD global activity book. Focus on fair trade. Picture My World Fair Trade shopping game. Picture My world Children's rights assembly.	Sharing our world Goal Live simply photo pack Picture my World Interactive Advent Calendar World Gift Stories and assembly. CAFOD world gifts. Advent charity	Picture My Word - Meet the children My Family My Global Family. Sharing our world goal 8			Picture My World - about CAFOD Emergencies		Picture My World - Peru Pack Sharing our World Focus on Fairtrade

Further personal development opportunities	Mission Week Harvest celebration Judaism Week World Mental Health Day Black History Month Disability History Month CAFOD – understanding the effect of climate change PCSO – Bonfire / Halloween safety Anti-bullying week	Children’s Mental Health Week Safer-Internet Day PCSO – E-safety	Mental Health Awareness Week Disability Awareness Day Other faith week Sports Day Enterprise Week
Junior Safety Officer assemblies and competitions Fundraising opportunities – local, national and global Class roles and responsibilities Whole school roles and responsibilities: School Councillors			

Year 3	Autumn 1 Being in My World		Autumn 2 Celebrating Differences		Spring 1 Dreams and Goals		Spring 2 Healthy Me		Summer 1 Relationships		Summer 2 Money and Me	
Come and See (RE)	Homes	Promises	Judaism	Visitors	Journeys	Listening and Sharing	and	Giving All	Energy	Choices	Islam	Special Places
PSHE	SEAL: New Beginnings <ul style="list-style-type: none"> Feeling valued The need for rules and responsibilities in society Coping with and exploring feelings JIGSAW: Being me in my world		SEAL: Getting on and falling out SEAL: Say no to bullying JIGSAW: Celebrating Differences <ul style="list-style-type: none"> I can tell you about a time when my words affected someone's feelings and what the consequences were I can give and receive compliments and know how this feels 		SEAL: Going for Goals Consequences <ul style="list-style-type: none"> Self as a learner Reaching/achieving goals JIGSAW: Dreams and Goals <ul style="list-style-type: none"> I can evaluate my own learning process and identify how it can be better next time I am confident in sharing my success with others and know how to store my feelings of success in my internal treasure chest 		SEAL: Good to be Me <ul style="list-style-type: none"> Assertiveness Understanding and managing own feelings (worries and concerns) JIGSAW: Healthy Me <ul style="list-style-type: none"> I can identify things, people and places that I need to keep safe from, and can tell you some strategies for keeping myself safe including who to go to for help I can express how being anxious or scared feels FIRST AID: <ul style="list-style-type: none"> Calling for help Head injuries Bites and stings 		SEAL: Relationships and Changes <ul style="list-style-type: none"> Managing and understanding own feelings Taking responsibility Understanding the importance of getting along with others – exclusion and discrimination JIGSAW: Relationships <ul style="list-style-type: none"> I can explain how some of the actions and work of people around the world help and influence my life and can show an awareness of how this could affect my choices 		VALUES, MONEY AND ME: I Want it (K1/2)	
RSE theme	How we live in love: Social & Emotional				How we live in love: Physical				How we live in love: Spiritual			
Equality and Diversity	Text: Beegu by Alexis Deacon <ul style="list-style-type: none"> To be welcoming 		Text: This is Our House by Micheal Rosen <ul style="list-style-type: none"> To understand what discrimination means 		Text: Two Monsters by David Mckee <ul style="list-style-type: none"> To Find a Solution to a Problem 		Text: The Hueys in the New Jumper by Pliver Jeffers <ul style="list-style-type: none"> To use strategies to help someone who feels different 		Text: We're All Wonders by RJ Palacio <ul style="list-style-type: none"> To understand how difference can affect someone 			
CAFOD Resources	Picture My World – Meet the children. Real life stories. A Portrait of Me. A-Z Global photo pack Y cards Harvest Feast Day Resources	CAFOD global activity book. Focus on fair trade. Picture My World Fair Trade shopping game. Picture My world Children's rights assembly.	Sharing our world Goal Live simply photo pack Picture my World Interactive Advent Calendar World Gift and assembly.	Picture My Word – Meet the children My Family My Global Family. Sharing our world goal 8				Picture My World – about CAFOD Emergencies Millennium development goals making the world a fairer place. CAFOD www.caford.org.uk/schools Child's guide to CAFOD- Who is my neighbour?			Picture My World – Peru Pack Sharing our World Focus on Fairtrade	

			CAFOD world gifts. Advent charity e.g. St Rocco's				One day, one world - video		
Further personal development opportunities	Mission Week Harvest celebration Judaism Week World Mental Health Day Black History Month Disability History Month CAFOD – understanding the effect of climate change PCSO – Bonfire / Halloween safety Anti-bullying week			Children's Mental Health Week Safer-Internet Day PCSO – E-safety			Mental Health Awareness Week Disability Awareness Day Other faith week Sports Day Enterprise Week		
Junior Safety Officer assemblies and competitions Fundraising opportunities – local, national and global Class roles and responsibilities Whole school roles and responsibilities: School Councillors									

Year 4	Autumn 1 Being in My World		Autumn 2 Celebrating Differences		Spring 1 Dreams and Goals		Spring 2 Healthy Me		Summer 1 Relationships		Summer 2 Money and Me	
Come and See (RE)	People	Called	Judaism	Gift	Community	Giving and Receiving	Self-discipline	New Life	Building Bridges	Islam	God's People	
PSHE	SEAL- New Beginnings <ul style="list-style-type: none"> Feeling welcomed and valued Managing and understanding own feelings JIGSAW: Being Me in My World		SEAL: Getting on and falling out <ul style="list-style-type: none"> Taking turns and working together Managing anger Seeing another point of view SEAL: Say no to bullying JIGSAW: Celebrating Differences <ul style="list-style-type: none"> I can tell you a time when my first impression of someone changed as I got to know them I can explain why it is good to accept people for who they are 		SEAL- Going goals and consequences <ul style="list-style-type: none"> Understanding goals and consequences Self as a learner Achieving goals - perseverance JIGSAW: Dreams and Goals <ul style="list-style-type: none"> I know how to make a new plan and set new goals even if I have been disappointed I know what it means to be resilient and to have a positive attitude 		SEAL- Good to be me <ul style="list-style-type: none"> Assertiveness Self as a learner Coping with worries, feelings and anger Taking responsibility JIGSAW: Healthy Me <ul style="list-style-type: none"> I can recognise when people are putting me under pressure and can explain ways to resist this when I want to I can identify feelings of anxiety and fear associated with peer pressure FIRST AID: <ul style="list-style-type: none"> Calling for help Head injuries Asthma 		SEAL: Relationships and changes <ul style="list-style-type: none"> Important people and bereavement Understanding responsibility/guilt Understanding feelings Belonging to a group Understanding change and responses to change JIGSAW: Relationships <ul style="list-style-type: none"> I can explain different points of view on an animal rights issue and express my own opinion and feelings on this 		VALUES, MONEY AND ME: Costing the Earth (KS1/2)	
RSE theme	God loves us in our differences: Social & Emotional				God loves us in our differences: Physical				God loves us in our differences: Spiritual			
Equality and Diversity	Text: Red: A Crayon's Story by Michael Hall <ul style="list-style-type: none"> To be who you want to be 				Text: Dogs Don't Do Ballet by Anna Kemp and Sara Ogilvie <ul style="list-style-type: none"> To know when to be assertive 		Text: The Flower by John Light <ul style="list-style-type: none"> To ask questions 		Text: King and King by Linda de Hann and Stern Nijland <ul style="list-style-type: none"> To understand why people choose to get married 		Text: The Way Back Home by Oliver Jeffers <ul style="list-style-type: none"> To overcome language as a barrier 	
CAFOD Resources	Picture My World - Meet the children. Real life stories. A Portrait of Me. A-Z Global photo pack Y cards Harvest Feast Day Resources	CAFOD global activity book. Focus on fair trade. Picture My World Fair Trade shopping game. Picture My world Children's rights assembly.	Sharing our world Goal Live simply photo pack Picture my World Interactive Advent Calendar World Gift Stories and assembly. CAFOD world gifts. Advent charity e.g. St Rocco's	Picture My Word - Meet the children My Family My Global Family. Sharing our world goal 8	Picture My World - Have your say. Sharing Our World Goal 7. 8 day assembly sketch Climate Change scheme of work. Global A-Z photo pack. Go Green poster pack.	Fast day stories. https://www.cafod.org.uk/pri mary Walking for water ppt Walking together with CAFOD ppt. Sharing our World- Goal 8. Lenten calendar. Picture My World- Stories.	Picture My World - about CAFOD Emergencies Millennium development goals making the world a fairer place. CAFOD www.caford.org.uk/schools Child's guide to CAFOD- Who is my neighbour? One day, one world - video	Millennium development Goals -Making the world a fairer place. www.caford.org.uk/schools	Picture my world- Peru pack. Sharing our world. Live simply. Focus on fairtrade. Universal Church topic-resources at: www.caford.org.uk			

						Link to Lenten charity work. Eg. Mission together.			
Further personal development opportunities	Mission Week Harvest celebration Judaism Week World Mental Health Day Black History Month Disability History Month CAFOD – understanding the effect of climate change PCSO – Bonfire / Halloween safety Anti-bullying week			Children’s Mental Health Week Safer-Internet Day PCSO – E-safety			Mental Health Awareness Week Disability Awareness Day Other faith week Sports Day Enterprise Week		
	Junior Safety Officer assemblies and competitions Fundraising opportunities – local, national and global Class roles and responsibilities Whole school roles and responsibilities: School Councillors								

Year 5	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Come and See (RE)	Ourselves	Life Choices	Judaism	Hope	Mission	Memorial Sacrifice	Sacrifice	Transformation	Freedom and Responsibility	Islam	Stewardship	
PSHE	SEAL: New Beginnings <ul style="list-style-type: none"> Feeling welcome and valued Creating a community Strategies to control own feelings JIGSAW: Being Me in My World		SEAL: Getting on and falling out <ul style="list-style-type: none"> Friendships, relationships and behaviour Managing conflict and honesty Understanding and dealing with anger SEAL: Say no to bullying JIGSAW: Celebrating Differences <ul style="list-style-type: none"> I can explain the differences between direct and indirect types of bullying I know some ways to encourage children who use bullying behaviours to make other choices and know how to support children who are being bullied 		SEAL: Going for goals <ul style="list-style-type: none"> Being an effective learner Setting goals/challenges Self as a learner JIGSAW: Dreams and Goals <ul style="list-style-type: none"> I can describe the dreams and goals of a young person in a culture different from mine and can reflect on how these relate to my own 		SEAL: Good to be me <ul style="list-style-type: none"> Understanding and managing own feelings Bereavement and loss Strategies to cope with disagreements JIGSAW: Healthy Me <ul style="list-style-type: none"> I can describe the different roles food can play in people's lives and can explain how people can develop eating problems (disorders) relating to body image pressures I respect and value my body FIRST AID: <ul style="list-style-type: none"> Calling for help Head injuries Bleeding 		SEAL: Relationships and changes <ul style="list-style-type: none"> Friendships and stereotypes Managing and understanding feelings Insecurities around change JIGSAW: Relationships <ul style="list-style-type: none"> I can explain how to stay safe when using technology to communicate with my friends I can recognise and resist pressures to use technology in ways that may be risky or cause harm to myself or others 		VALUES, MONEY AND ME: Do You need it? (KS2)	
RSE theme	God loves me in my changing and development: Social & Emotional				God loves me in my changing development: Physical				God loves me in my changing development: Spiritual			
Equality and Diversity	Text: How to Heal a Broken Wing by Bob Graham <ul style="list-style-type: none"> Recognise when someone needs help 		Text: Where the Poppies Grow Now by Hilary Robinson and Martin Impey <ul style="list-style-type: none"> To learn from our past 		Text: The Artist Who Painted a Blue Horse by Eric Carle <ul style="list-style-type: none"> To appreciate artistic freedom 		Text: Rose Blanche by Lan McEwan and Roberto Innocenti <ul style="list-style-type: none"> To justify my actions 		Text: And Tango Makes Three by Justin Richardson and Peter Parnell <ul style="list-style-type: none"> To accept people who are different than me 			
CAFOD Resources	Picture My World – Meet the children. Real life stories. A Portrait of Me. A-Z Global photo pack Y cards	CAFOD global activity book. Focus on fair trade. Picture My World Fair Trade shopping game.	Sharing our world Goal Live simply photo pack Picture my World Interactive Advent Calendar	Picture My World – Meet the children My Family My Global Family. Sharing our world goal 8	Picture My World – Have your say. Sharing Our World Goal 7. 8 day assembly sketch	Fast day stories. https://www.cafod.org.uk/pri-mary Walking for water ppt	Picture My World – about CAFOD Emergencies Millennium development goals making the world a fairer place. CAFOD	Millennium development Goals -Making the world a fairer place. www.cafod.org.uk/schools	Picture my world- Peru pack. Sharing our world. Live simply. Focus on fairtrade.			

	Harvest Feast Day Resources	Picture world Children's rights assembly.	My World Stories and assembly. CAFOD world gifts. Advent charity e.g. St Rocco's		Climate Change scheme of work. Global A-Z photo pack. Go Green poster pack.	Walking together with CAFOD ppt. Sharing our World- Goal 8. Lenten calendar. Picture My World- Stories. Link to Lenten charity work. Eg. Mission together.	www.caford.org.uk/schools Child's guide to CAFOD- Who is my neighbour? One day, one world - video		Universal Church topic-resources at: www.caford.org.uk
Further personal development opportunities	Mission Week Harvest celebration Judaism Week World Mental Health Day Black History Month Disability History Month CAFOD – understanding the effect of climate change PCSO – Bonfire / Halloween safety Anti-bullying week			Children's Mental Health Week Safer-Internet Day PCSO – E-safety		Mental Health Awareness Week Disability Awareness Day Other faith week Sports Day Enterprise Week			
Junior Safety Officer assemblies and competitions Fundraising opportunities – local, national and global Class roles and responsibilities Whole school roles and responsibilities: School Councillors, Play Leaders and Junior Safety Officers PLEDGE award									

Year 6	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
	Being in My World		Celebrating Differences		Dreams and Goals		Healthy Me		Relationships		Money and Me	
Come and See (RE)	Loving Vocation	Vocation Commitment	Judaism	Expectations	Sources	Unity	Death and New Life	Witnesses	Healing	Islam	Common Good	
PSHE	SEAL: New Beginnings <ul style="list-style-type: none"> Feeling welcomed and valued Creating a community Strategies to control feelings JIGSAW: Being Me in my World		SEAL: Getting on and falling out <ul style="list-style-type: none"> Friendships and relationships Conflict resolution Understanding and dealing with anger Seeing another perspective SEAL: Say no to bullying JIGSAW- Celebrating Differences: <ul style="list-style-type: none"> I can explain ways in which difference can be a source of conflict or a cause for celebration and can show empathy with people in either situation 		SEAL: Going for Goals <ul style="list-style-type: none"> Self as a learner Setting achievable goals/challenges JIGSAW: Dreams and Goals: <ul style="list-style-type: none"> I can describe some ways in which I can work with other people to help make the world a better place I can identify why I am motivated to do this 		SEAL: Good to be Me: <ul style="list-style-type: none"> Self-acceptance Understanding own feelings and calming down strategies Managing worries and anxieties Assertiveness JIGSAW: Healthy Me: <ul style="list-style-type: none"> I can evaluate when alcohol is being used responsibly, anti-socially or being misused I can tell you how I feel about using alcohol when I am older and my reasons for this FIRST AID: <ul style="list-style-type: none"> Calling for help Head injuries Choking 		SEAL: Relationships and changes <ul style="list-style-type: none"> Friendships and stereotypes Understanding and managing feelings JIGSAW: Relationships <ul style="list-style-type: none"> I can recognise when people are trying to gain power or control I can demonstrate ways I could stand up for myself and my friends in situations where others are trying to gain power or control 		VALUES, MONEY AND ME: A Fair Days Pay KS2 FIRST AID: Basic life support	
RSE theme	The wonder of God's love in creating new life: Social & Emotional				The wonder of God's love in creating new life: Physical				The wonder of God's love in creating new life: Spiritual			
Equality and Diversity	Text: My Princess Boy by Cheryl Kilodavis and Susanne DeSimone <ul style="list-style-type: none"> To promote diversity 		Text: The Island by Armin Greder <ul style="list-style-type: none"> To challenge the causes of racism 		Text: Love You Forever by Robert Munsch <ul style="list-style-type: none"> To consider how my life changes as I grow up 				Text: The Whisperer by Nick Butterworth <ul style="list-style-type: none"> To stand up to discrimination 		Text: Dreams of Freedom by Amnesty International <ul style="list-style-type: none"> To recognise my freedom 	
CAFOD Resources	Picture My World – Meet the children. Real life stories. A Portrait of Me. A-Z Global photo pack Y cards Harvest Feast Day Resources	CAFOD global activity book. Focus on fair trade. Picture My World Fair Trade shopping game. Picture My world Children's rights assembly.	Sharing our world Goal Live simply photo pack Picture my World Interactive Advent Calendar World Gift Stories and assembly.	Picture My Word – Meet the children My Family Global Family. Sharing our world goal 8	Picture My World – Have your say. Sharing Our World Goal 7. 8 day assembly sketch Climate Change scheme of work. Global A-Z photo pack.	Fast day stories. https://www.cafod.org.uk/pri_mary Walking for water ppt Walking together with CAFOD ppt. Sharing our World- Goal 8.	Picture My World – about CAFOD Emergencies Millennium development goals making the world a fairer place. CAFOD www.cafod.org.uk/schools	Millennium development Goals -Making the world a fairer place. www.cafod.org.uk/schools	Picture my world- Peru pack. Sharing our world. Live simply. Focus on fairtrade. Universal Church topic-resources at: www.cafod.org.uk			

			CAFOD world gifts. Advent charity e.g. St Rocco's		Go Green poster pack.	Lenten calendar. Picture My World- Stories. Link to Lenten charity work. Eg. Mission together.	Child's guide to CAFOD- Who is my neighbour? One day, one world - video		
Further personal development opportunities	Mission Week Harvest celebration Judaism Week Mental Health Awareness CAFOD – understanding the effect of climate change PCSO – Bonfire / Halloween safety Anti-bullying week			Safer-Internet Day PCSO – E-safety			Other faith week Sports Day Enterprise Week School Nurse visit – puberty Residential visit		
	Junior Safety Officer assemblies and competitions Fundraising opportunities – local, national and global Class roles and responsibilities Whole school roles and responsibilities: Team Captains, School Councillors, Play Leaders, Special Friends to Reception children PLEDGE award								